

Appendices

There are four appendices included in this report.

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- Appendix A** A list of all survey items with response option percentages by total sample, by gender, and by grade level
- Appendix B** Item mapping to assets, deficits, risk-taking behaviors, high-risk behavior patterns, and thriving indicators
- Appendix C** A bibliography of the theory and research undergirding Search Institute's framework of Developmental Assets
- Appendix D** Search Institute asset-promoting print and video resources

Appendix A

All Survey Items by Gender and Grade

	Percent								
	Total Sample	Gender		Grade					
		M	F	6	7	8	9	10	11
1. Age									
11 or younger	0	0	0			0		0	0
12	0	0	0			1		0	0
13	26	24	28			73		0	0
14	10	11	9			26		1	0
15	24	23	25			0		73	0
16	9	10	8			0		26	1
17	22	22	23			0		1	72
18	8	10	6			0		0	26
19 or older	0	0	0			0		0	1
2. Grade in school									
5th	0	0	0			0		0	0
6th	0	0	0			0		0	0
7th	0	0	0			0		0	0
8th	36	36	36			100		0	0
9th	0	0	0			0		0	0
10th	33	33	33			0		100	0
11th	0	0	0			0		0	0
12th	31	31	30			0		0	100
3. Gender									
Male	51	100	0			51		51	52
Female	49	0	100			49		49	48
4. Race / ethnicity									
American Indian	1	1	0			2		1	0
Asian or Pacific Islander	2	2	1			2		2	1
Black or African American	1	1	1			1		1	1
Hispanic	2	2	2			3		2	2
White	90	90	90			88		90	91
Multi-racial	5	4	5			5		6	4
5. Which best describes your family?									
I live with two parents	77	78	77			81		75	76
I live in a one-parent family with my mother	11	10	12			7		12	14
I live in a one-parent family with my father	2	3	2			2		3	3
Sometimes I live with my mother and sometimes with my father	9	10	9			10		10	7
How important is this to you in your life?									
6. Helping other people									
Not important	2	2	1			2		2	2
Somewhat important	12	16	8			12		12	13
Not sure	9	13	6			12		8	7
Quite important	52	52	52			54		50	52
Extremely important	25	17	33			21		28	26
7. Helping to reduce hunger and poverty in the world									
Not important	9	14	4			5		9	14
Somewhat important	20	23	16			15		20	24
Not sure	25	29	21			28		24	24
Quite important	29	22	36			30		31	25
Extremely important	17	11	23			21		16	13
8. Helping to make the world a better place in which to live									
Not important	4	6	2			3		4	5
Somewhat important	15	18	13			10		16	21
Not sure	15	17	12			16		14	14
Quite important	37	35	39			35		40	37
Extremely important	29	23	35			36		26	22

All Survey Items by Gender and Grade (Cont'd)	Percent								
	Total Sample	Gender		Grade					
		M	F	6	7	8	9	10	11
How important is this to you in your life?									
9. Being religious or spiritual									
Not important	22	24	20			15		21	31
Somewhat important	21	22	20			21		21	22
Not sure	15	15	15			17		14	12
Quite important	25	25	25			28		26	21
Extremely important	18	15	20			20		18	14
10. Helping to make sure that all people are treated fairly									
Not important	3	6	1			3		3	4
Somewhat important	15	19	11			13		13	19
Not sure	11	14	9			12		13	10
Quite important	46	43	48			47		45	45
Extremely important	24	18	31			26		25	21
11. Getting to know people who are of a different race than I am									
Not important	8	11	4			4		8	12
Somewhat important	15	16	13			11		15	19
Not sure	22	25	19			24		22	20
Quite important	37	34	41			39		38	34
Extremely important	18	13	23			22		17	15
12. Speaking up for equality (everyone should have the same rights and opportunities)									
Not important	6	9	2			4		5	8
Somewhat important	12	14	10			9		11	17
Not sure	15	18	12			16		15	14
Quite important	34	33	35			33		35	33
Extremely important	34	26	42			38		34	28
13. Giving time or money to make life better for other people									
Not important	7	11	4			5		7	10
Somewhat important	20	24	14			15		21	23
Not sure	22	25	19			26		20	19
Quite important	38	31	45			39		39	34
Extremely important	14	9	19			15		13	13
14. Doing what I believe is right even if my friends make fun of me									
Not important	3	4	1			3		3	2
Somewhat important	9	11	7			7		9	10
Not sure	12	15	10			15		11	10
Quite important	37	39	35			35		37	41
Extremely important	39	31	47			40		40	37
15. Standing up for what I believe, even when it's unpopular to do so									
Not important	3	4	2			3		3	3
Somewhat important	9	11	6			9		8	8
Not sure	13	15	11			17		12	10
Quite important	36	37	35			33		36	38
Extremely important	40	34	47			39		41	41
16. Telling the truth, even when it's not easy									
Not important	3	5	2			3		3	4
Somewhat important	14	17	11			11		15	16
Not sure	16	18	15			17		17	15
Quite important	40	39	41			42		38	40
Extremely important	26	22	31			27		26	26

All Survey Items by Gender and Grade (Cont'd)	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
How important is this to you in your life?										
17. Accepting responsibility for my actions when I make a mistake or get in trouble										
Not important	3	4	2			3		3		3
Somewhat important	10	12	8			9		11		11
Not sure	13	13	12			14		13		11
Quite important	43	43	43			42		44		44
Extremely important	31	28	35			32		30		31
18. Doing my best even when I have to do a job I don't like										
Not important	3	4	3			3		3		4
Somewhat important	12	14	10			10		14		12
Not sure	13	15	12			15		13		11
Quite important	42	40	44			40		42		44
Extremely important	30	28	32			32		29		28
19. On an average school day, about how much time do you spend doing homework outside of school?										
None	7	10	3			4		6		12
Half hour or less	19	22	15			18		18		21
Between half an hour and an hour	29	30	29			40		25		21
1 hour	23	21	24			23		22		23
2 hours	16	12	20			11		21		16
3 hours or more	7	5	9			4		9		8
20. What grades do you earn in school?										
Mostly As	33	27	39			38		30		30
About half As and half Bs	33	31	35			37		32		30
Mostly Bs	13	15	10			9		14		16
About half Bs and half Cs	15	17	12			13		15		16
Mostly Cs	3	4	2			2		4		4
About half Cs and half Ds	2	4	1			1		3		3
Mostly Ds	1	1	0			0		1		0
Mostly below Ds	1	1	0			0		1		1
How often does one of your parents . . . ?										
21. Help you with your school work										
Very often	7	8	6			14		5		2
Often	14	15	13			19		15		7
Sometimes	28	28	28			34		29		20
Seldom	28	26	30			24		28		32
Never	23	22	23			9		22		39
22. Talk to you about what you are doing in school										
Very often	26	27	26			30		30		19
Often	32	34	31			33		32		32
Sometimes	23	23	23			22		22		25
Seldom	12	10	13			10		10		15
Never	6	6	7			5		6		9
23. Ask you about homework										
Very often	34	37	31			40		37		24
Often	27	28	25			26		29		25
Sometimes	19	19	20			20		17		21
Seldom	11	9	13			9		10		14
Never	9	7	11			5		8		16
24. Go to meetings or events at your school										
Very often	15	14	16			18		16		10
Often	22	22	22			26		21		18
Sometimes	26	27	25			29		26		22
Seldom	20	21	19			17		19		24
Never	17	16	18			9		17		27

All Survey Items by Gender and Grade (Cont'd)	Percent								
	Total Sample	Gender		Grade					
		M	F	6	7	8	9	10	11
25. At school I try as hard as I can to do my best work									
Strongly agree	29	23	35			37		28	19
Agree	50	50	50			48		50	52
Not sure	12	14	9			9		12	15
Disagree	8	10	5			4		9	12
Strongly disagree	2	2	1			1		1	2
26. My teachers really care about me									
Strongly agree	13	12	13			21		8	7
Agree	38	38	38			38		37	38
Not sure	35	36	33			33		36	35
Disagree	11	9	12			4		13	16
Strongly disagree	5	5	4			4		5	5
27. It bothers me when I don't do something well									
Strongly agree	38	33	43			41		38	35
Agree	41	41	40			36		42	44
Not sure	12	13	10			13		11	10
Disagree	8	10	5			7		6	9
Strongly disagree	2	3	1			3		2	1
28. I get a lot of encouragement at my school									
Strongly agree	10	9	10			17		7	5
Agree	37	36	39			42		36	33
Not sure	30	31	29			29		32	30
Disagree	17	17	17			9		18	25
Strongly disagree	6	7	6			4		7	7
29. Teachers at school push me to be the best I can be									
Strongly agree	16	17	16			29		10	8
Agree	40	38	41			44		40	35
Not sure	25	25	25			18		28	30
Disagree	15	15	14			7		16	23
Strongly disagree	4	4	4			2		5	4
30. My parents push me to be the best I can be									
Strongly agree	49	50	47			59		47	37
Agree	35	36	35			29		37	41
Not sure	10	9	10			8		9	12
Disagree	4	3	5			3		4	5
Strongly disagree	3	2	3			1		2	4
31. During the last four weeks, how many days of school have you missed because you skipped or "ditched?"									
None	80	81	79			85		83	71
1 day	11	10	12			9		10	14
2 days	4	4	4			4		3	6
3 days	2	2	2			1		2	4
4 - 5 days	2	2	2			1		2	2
6 - 10 days	1	1	1			0		0	1
11 or more days	0	1	0			0		0	1
How often do you . . . ?									
32. Feel bored at school									
Usually	55	61	48			48		57	60
Sometimes	43	37	50			50		41	39
Never	2	2	2			3		2	1
33. Come to classes without bringing paper or something to write with									
Usually	6	8	3			6		6	4
Sometimes	28	34	22			36		24	23
Never	66	58	75			58		69	72

All Survey Items by Gender and Grade (Cont'd)	Percent								
	Total Sample	Gender		Grade					
		M	F	6	7	8	9	10	11
How often do you . . . ?									
34. Come to classes without your homework finished									
Usually	10	14	7			9		12	10
Sometimes	56	58	55			52		58	60
Never	33	29	38			39		30	30
35. Come to classes without your books									
Usually	5	6	4			5		6	5
Sometimes	30	29	30			32		27	30
Never	65	64	66			64		67	65
36. On the whole, I like myself									
Strongly agree	32	39	24			38		26	30
Agree	50	47	54			44		54	52
Not sure	12	10	14			13		11	12
Disagree	4	3	6			3		5	4
Strongly disagree	2	2	3			2		3	2
37. It is against my values to drink alcohol while I am a teenager									
Strongly agree	33	32	35			52		31	14
Agree	17	19	15			21		19	10
Not sure	15	15	14			14		17	14
Disagree	22	20	24			9		23	36
Strongly disagree	13	14	12			4		10	26
38. I like to do exciting things even if they are dangerous									
Strongly agree	19	25	12			19		19	17
Agree	36	42	30			30		39	40
Not sure	25	21	30			29		24	23
Disagree	16	10	23			16		15	17
Strongly disagree	4	2	5			6		2	3
39. At times, I think I am no good at all									
Strongly agree	7	6	9			8		8	5
Agree	24	20	29			23		25	26
Not sure	18	18	19			19		19	17
Disagree	30	33	27			29		31	30
Strongly disagree	20	24	15			21		16	22
40. I get along well with my parents									
Strongly agree	32	32	31			38		30	26
Agree	44	46	41			40		43	48
Not sure	14	13	15			14		15	13
Disagree	7	6	8			5		8	9
Strongly disagree	4	2	5			3		5	4
41. All in all, I am glad I am me									
Strongly agree	39	43	34			46		32	38
Agree	43	43	43			37		49	44
Not sure	12	10	14			12		11	12
Disagree	4	2	5			3		4	4
Strongly disagree	2	2	3			2		3	2
42. I feel I do not have much to be proud of									
Strongly agree	4	4	5			5		5	3
Agree	11	10	11			9		11	12
Not sure	15	14	15			14		15	14
Disagree	40	39	41			36		41	42
Strongly disagree	31	32	29			36		28	28

All Survey Items by Gender and Grade (Cont'd)	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
43. If I break one of my parents' rules, I usually get punished										
Strongly agree	17	16	17			22		17		10
Agree	42	43	41			42		42		42
Not sure	18	20	17			19		19		17
Disagree	18	16	20			13		18		24
Strongly disagree	5	5	6			5		4		6
44. My parents give me help and support when I need it										
Strongly agree	39	37	42			49		36		32
Agree	42	45	39			36		44		47
Not sure	11	11	10			9		12		11
Disagree	5	4	6			2		6		7
Strongly disagree	3	3	3			2		3		4
45. It is against my values to have sex while I am a teenager										
Strongly agree	29	20	38			46		26		11
Agree	14	14	14			17		16		9
Not sure	17	19	14			18		18		15
Disagree	20	20	19			11		22		27
Strongly disagree	20	27	14			8		18		38
46. In my school there are clear rules about what students can and cannot do										
Strongly agree	33	33	34			47		30		20
Agree	50	50	51			42		51		58
Not sure	11	12	9			7		13		13
Disagree	4	4	5			2		5		7
Strongly disagree	2	2	2			2		1		3
47. I care about the school I go to										
Strongly agree	14	12	17			25		10		7
Agree	39	37	41			41		41		33
Not sure	24	25	23			21		24		26
Disagree	13	14	12			7		15		18
Strongly disagree	10	12	7			5		9		16
48. My parents often tell me they love me										
Strongly agree	47	42	52			60		44		35
Agree	34	38	30			26		37		41
Not sure	9	10	7			8		9		9
Disagree	7	7	7			4		6		11
Strongly disagree	3	3	4			2		4		4
49. In my family, I feel useful and important										
Strongly agree	29	29	30			38		25		24
Agree	41	45	37			39		41		43
Not sure	16	16	17			13		18		19
Disagree	9	7	11			7		11		9
Strongly disagree	4	3	5			4		4		5
50. Students in my school care about me										
Strongly agree	17	14	20			25		15		11
Agree	44	46	42			42		45		46
Not sure	27	28	25			26		26		27
Disagree	8	7	9			4		10		11
Strongly disagree	4	4	4			3		4		5
51. In my family, there are clear rules about what I can and cannot do										
Strongly agree	28	27	29			38		27		18
Agree	44	47	42			40		45		48
Not sure	16	17	15			13		16		19
Disagree	9	7	12			7		10		12
Strongly disagree	3	3	3			2		3		4

All Survey Items by Gender and Grade (Cont'd)	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
52. In my neighborhood, there are a lot of people who care about me										
Strongly agree	12	10	13			18		10		6
Agree	28	30	27			32		26		26
Not sure	33	34	32			32		36		32
Disagree	16	16	17			11		17		22
Strongly disagree	11	11	11			7		12		14
53. At my school, everyone knows that you'll get in trouble for using alcohol or other drugs										
Strongly agree	38	39	38			54		31		28
Agree	34	34	34			26		37		40
Not sure	14	14	13			11		17		13
Disagree	9	8	10			5		10		12
Strongly disagree	5	5	6			4		5		8
54. If one of my neighbors saw me do something wrong, he or she would tell one of my parents										
Strongly agree	22	19	24			33		18		12
Agree	28	30	26			28		29		27
Not sure	32	32	31			28		33		34
Disagree	12	11	12			7		13		16
Strongly disagree	7	7	6			4		6		11
During the last 12 months, how many times have you . . . ?										
55. Been a leader in a group or organization										
Never	26	27	24			21		30		27
Once in a while	20	18	22			21		19		19
Sometimes	16	16	16			17		15		17
Often	18	17	20			21		17		17
Always	20	22	17			20		19		20
56. Stolen something from a store										
Never	76	73	80			84		76		68
Once in a while	10	11	8			8		10		11
Sometimes	5	6	4			3		5		6
Often	4	4	4			1		4		7
Always	5	6	5			3		4		8
57. Gotten into trouble with the police										
Never	78	71	85			83		79		71
Once in a while	12	15	10			8		11		18
Sometimes	5	7	3			4		5		6
Often	3	4	2			2		3		3
Always	2	4	1			2		2		2
58. Hit or beat up someone										
Never	69	60	78			67		68		72
Once in a while	15	19	11			17		16		12
Sometimes	7	9	4			6		6		7
Often	4	5	2			4		4		3
Always	6	7	4			6		6		5
59. Damaged property just for fun (such as breaking windows, scratching a car, putting paint on walls, etc.)										
Never	84	78	90			86		82		84
Once in a while	8	10	6			7		10		8
Sometimes	3	4	3			4		3		3
Often	2	3	0			2		1		2
Always	3	4	1			2		3		3

All Survey Items by Gender and Grade

(Cont'd)

	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
During an average week, how many hours do you spend . . . ?										
60. Playing on or helping with sports teams at school or in the community										
0 hours	41	42	40			27		44		54
1 hour	7	6	9			9		6		6
2 hours	8	7	8			10		7		6
3 - 5 hours	12	10	13			13		12		10
6 - 10 hours	15	13	16			20		13		10
11 or more hours	18	22	14			20		19		14
61. In clubs or organizations (other than sports) at school (for example, school newspaper, student government, school plays, language clubs, hobby clubs, drama club, debate, etc.)										
0 hours	53	61	44			44		59		56
1 hour	20	18	22			30		13		15
2 hours	11	8	15			10		13		9
3 - 5 hours	9	7	11			9		9		9
6 - 10 hours	4	3	5			3		3		6
11 or more hours	4	4	4			4		4		5
62. In clubs or organizations (other than sports) outside of school (such as 4-H, Scouts, Boys and Girls Clubs, YWCA, YMCA)										
0 hours	68	74	62			68		66		71
1 hour	10	7	13			14		9		8
2 hours	10	8	12			9		11		10
3 - 5 hours	6	6	7			4		9		7
6 - 10 hours	3	2	4			3		3		2
11 or more hours	2	3	2			3		3		2
63. Reading just for fun (not part of your school work)										
0 hours	48	56	39			46		49		48
1 hour	24	21	27			26		25		21
2 hours	10	9	12			9		11		12
3 - 5 hours	10	8	12			10		10		11
6 - 10 hours	4	2	5			4		3		5
11 or more hours	4	3	5			6		3		3
64. Going to programs, groups, or services at a church, synagogue, mosque, or other religious or spiritual place										
0 hours	55	57	53			47		55		64
1 hour	18	17	18			21		18		14
2 hours	13	13	14			16		12		11
3 - 5 hours	10	10	10			11		11		8
6 - 10 hours	2	2	3			2		3		2
11 or more hours	2	2	2			2		2		1
65. Helping other people without getting paid (such as helping out at a hospital, daycare center, food shelf, youth program, community service agency, or doing other things) to make your city a better place for people to live										
0 hours	56	59	53			50		58		61
1 hour	21	19	22			26		19		16
2 hours	12	11	13			12		12		11
3 - 5 hours	7	6	9			7		8		7
6 - 10 hours	2	2	3			3		2		2
11 or more hours	2	3	1			2		1		2

All Survey Items by Gender and Grade

(Cont'd)

	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
During an average week, how many hours do you spend . . . ?										
66. Helping friends or neighbors										
0 hours	18	20	16			17		19		19
1 hour	36	35	36			40		35		32
2 hours	24	23	24			23		23		25
3 - 5 hours	14	13	15			11		14		17
6 - 10 hours	5	4	5			5		6		4
11 or more hours	4	4	4			5		4		3
67. Practicing or taking lessons in music, art, drama, or dance, after school or on weekends										
0 hours	60	68	51			54		60		65
1 hour	12	10	15			15		13		8
2 hours	9	6	11			11		7		8
3 - 5 hours	9	7	11			10		9		8
6 - 10 hours	5	4	6			5		6		5
11 or more hours	6	6	6			5		6		7
People who know me would say that this is . . .										
68. Knowing how to say "no" when someone wants me to do things I know are wrong or dangerous										
Not at all like me	4	5	4			4		5		4
A little like me	9	10	7			8		8		11
Somewhat like me	16	18	14			13		17		18
Quite like me	33	33	34			30		35		36
Very much like me	37	34	41			45		35		31
69. Caring about other people's feelings										
Not at all like me	4	6	1			3		4		4
A little like me	7	10	3			7		6		7
Somewhat like me	20	26	12			22		16		20
Quite like me	35	36	35			35		37		33
Very much like me	35	22	49			32		37		36
70. Thinking through the possible good and bad results of different choices before I make decisions										
Not at all like me	7	8	6			7		8		5
A little like me	14	15	13			14		14		14
Somewhat like me	26	26	25			26		26		26
Quite like me	34	32	35			34		33		35
Very much like me	20	18	21			19		19		21
71. Saving my money for something special rather than spending it all right away										
Not at all like me	14	12	16			15		14		13
A little like me	16	15	16			16		16		16
Somewhat like me	22	20	24			21		21		24
Quite like me	24	25	24			20		28		25
Very much like me	24	28	20			28		22		22
72. Respecting the values and beliefs of people who are of a different race or culture than I am										
Not at all like me	5	8	2			4		6		7
A little like me	7	10	5			6		7		9
Somewhat like me	16	20	12			15		16		18
Quite like me	34	33	35			35		34		33
Very much like me	37	29	46			40		38		33
73. Giving up when things get hard for me										
Not at all like me	42	46	38			43		42		41
A little like me	31	29	33			29		31		34
Somewhat like me	16	14	17			16		15		16
Quite like me	6	6	6			6		7		6
Very much like me	4	4	5			5		5		3

All Survey Items by Gender and Grade (Cont'd)	Percent								
	Total Sample	Gender		Grade					
		M	F	6	7	8	9	10	11
People who know me would say that this is . . .									
74. Staying away from people who might get me in trouble									
Not at all like me	12	11	12			9		13	13
A little like me	23	26	20			18		25	27
Somewhat like me	22	24	20			21		20	26
Quite like me	25	24	26			26		26	23
Very much like me	18	14	21			25		16	11
75. Feeling really sad when one of my friends is unhappy									
Not at all like me	12	17	6			12		10	13
A little like me	19	26	12			17		20	21
Somewhat like me	26	28	24			26		28	25
Quite like me	28	20	36			27		26	30
Very much like me	15	8	22			17		16	12
76. Being good at making and keeping friends									
Not at all like me	3	4	2			3		2	4
A little like me	7	8	5			5		8	7
Somewhat like me	18	21	14			16		18	19
Quite like me	38	39	37			34		38	42
Very much like me	35	29	41			43		34	27
77. Knowing a lot about people of other races									
Not at all like me	12	13	10			8		12	15
A little like me	24	23	25			20		25	27
Somewhat like me	31	30	32			33		30	30
Quite like me	21	20	21			24		19	18
Very much like me	13	13	12			14		14	11
78. Enjoying being with people who are of a different race than I am									
Not at all like me	8	11	5			4		8	13
A little like me	17	18	16			16		17	18
Somewhat like me	28	29	28			27		29	29
Quite like me	28	27	30			32		27	26
Very much like me	18	15	21			21		18	14
79. Being good at planning ahead									
Not at all like me	12	13	11			11		14	11
A little like me	20	22	18			19		22	19
Somewhat like me	26	26	25			27		23	27
Quite like me	27	27	26			25		27	28
Very much like me	16	12	19			18		13	15
80. Taking good care of my body (such as, eating foods that are good for me, exercising regularly, and eating three good meals a day)									
Not at all like me	6	7	6			4		7	8
A little like me	14	14	14			11		15	17
Somewhat like me	23	22	23			20		21	29
Quite like me	29	30	30			29		32	27
Very much like me	28	28	27			37		26	20
How many times, if any, have you had alcohol to drink . . . ?									
81. In your lifetime									
0	33	33	32			51		30	14
1	11	11	10			16		10	6
2	8	7	8			10		8	5
3 - 5	12	11	12			10		15	10
6 - 9	8	7	10			5		10	11
10 - 19	10	10	11			4		12	15
20 - 39	7	6	7			2		7	11
40 +	12	15	9			2		9	27

All Survey Items by Gender and Grade

(Cont'd)

	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
How many times, if any, have you had alcohol to drink . . . ?										
82. During the last 12 months										
0	47	49	45			70		43		25
1	11	10	12			12		13		8
2	10	9	11			7		13		11
3 - 5	10	9	12			5		11		14
6 - 9	7	6	8			2		8		11
10 - 19	7	7	6			2		7		13
20 - 39	5	5	4			0		4		10
40 +	4	5	2			0		3		9
83. During the last 30 days										
0	69	70	69			87		71		46
1	11	10	12			7		11		16
2	7	6	8			3		7		10
3 - 5	7	7	7			1		7		14
6 - 9	3	4	3			0		2		8
10 - 19	2	2	1			0		1		5
20 - 39	1	1	0			0		0		1
40 +	1	1	0			0		1		1
84. Think back over the last two weeks. How many times have you had five or more drinks in a row? (A "drink" is a glass of wine, a bottle or can of beer, a shot glass of liquor, or a mixed drink.)										
None	83	81	85			95		84		67
Once	7	6	7			3		6		12
Twice	5	6	4			2		5		9
3 to 5 times	4	4	3			0		2		9
6 to 9 times	1	2	1			0		1		2
10 or more times	1	2	1			0		1		2
85. If you came home from a party and your parents found out that you had been drinking, how upset do you think they would be?										
Not at all upset	3	3	3			1		2		6
A little upset	6	8	5			2		5		13
Somewhat upset	13	12	13			8		13		18
Very upset	25	26	24			21		26		28
Extremely upset	53	50	55			67		53		35
How many times, if any, have you smoked cigarettes . . . ?										
86. In your lifetime										
0	71	71	71			86		73		52
1	5	5	6			5		5		5
2	2	2	3			2		2		4
3 - 5	4	4	4			2		4		6
6 - 9	2	1	3			1		3		3
10 - 19	2	3	2			1		3		4
20 - 39	3	3	2			1		1		5
40 +	11	12	10			2		9		22
87. During the last 12 months										
0	79	79	79			91		80		63
1	3	4	3			2		3		4
2	2	2	3			1		3		3
3 - 5	2	2	3			1		3		3
6 - 9	1	1	1			1		1		2
10 - 19	2	2	2			1		1		4
20 - 39	2	2	2			1		2		4
40 +	8	9	7			2		7		17

All Survey Items by Gender and Grade

(Cont'd)

	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
How many times, if any, have you smoked cigarettes . . . ?										
88. During the last 30 days										
0	85	85	86			95		86		73
1	2	2	2			1		2		2
2	2	1	2			1		2		3
3 - 5	1	1	2			1		1		2
6 - 9	1	1	1			0		1		2
10 - 19	1	2	1			0		1		3
20 - 39	1	2	1			1		1		2
40 +	6	6	5			1		5		13
89. During the last two weeks, about how many cigarettes have you smoked?										
None	87	87	88			96		88		76
Less than 1 cigarette per day	4	3	4			2		4		6
1 to 5 cigarettes per day	4	4	4			2		4		7
About 1/2 pack per day	3	3	2			0		1		6
About 1 pack per day	1	1	1			0		1		2
About 1 - 1/2 packs per day	1	1	0			0		1		1
2 or more packs per day	1	1	0			0		1		1
How many times, if any, have you used marijuana (grass, pot) or hashish (hash, hash oil) . . . ?										
90. In your lifetime										
0	75	73	78			93		77		52
1	4	4	3			2		5		5
2	2	2	2			1		2		4
3 - 5	3	4	3			1		3		7
6 - 9	2	2	2			1		2		4
10 - 19	3	3	3			1		3		6
20 - 39	2	3	2			1		3		4
40 +	8	9	6			1		5		19
91. During the last 12 months										
0	79	77	82			95		80		61
1	4	5	3			2		5		6
2	2	2	2			1		2		4
3 - 5	3	3	3			1		3		6
6 - 9	2	2	2			1		2		3
10 - 19	3	2	3			1		3		5
20 - 39	1	2	1			0		1		3
40 +	5	7	4			1		4		13
How many times, if any, have you used cocaine (crack, coke, snow, rock) . . . ?										
92. In your lifetime										
0	95	94	95			99		96		89
1	2	1	2			0		2		3
2	0	0	0			0		0		1
3 - 5	1	1	0			0		0		2
6 - 9	1	1	0			0		0		1
10 - 19	0	0	0			0		0		1
20 - 39	0	0	0			0		0		1
40 +	1	1	1			0		1		1
93. During the last 12 months										
0	96	95	97			99		97		91
1	1	1	2			0		2		3
2	0	1	0			0		0		1
3 - 5	1	1	0			0		0		1
6 - 9	0	0	0			0		0		1
10 - 19	0	0	0			0		0		1
20 - 39	0	0	0			0		0		1
40 +	0	1	0			0		0		1

All Survey Items by Gender and Grade

(Cont'd)

	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
During the last 12 months, how many times have you . . . ?										
94. Been to a party where other kids your age were drinking										
Never	57	59	55			83		55		29
Once	13	11	14			9		16		12
Twice	9	8	11			4		12		13
3 - 4 times	8	9	7			2		8		15
5 or more times	13	14	13			2		9		31
95. Driven a car after you had been drinking										
Never	93	91	95			98		96		84
Once	3	3	3			1		1		8
Twice	2	2	1			0		1		3
3 - 4 times	1	1	0			0		1		2
5 or more times	1	2	1			0		1		3
96. Ridden in a car whose driver had been drinking										
Never	73	77	69			75		71		72
Once	13	10	16			14		14		11
Twice	5	5	5			5		5		6
3 - 4 times	4	3	4			3		4		4
5 or more times	5	4	5			3		5		6
How many times, if any, have you sniffed glue, breathed the contents of aerosol spray cans or inhaled other fumes in order to get high . . . ?										
97. During the last 12 months										
0	93	94	91			91		93		94
1	3	3	4			4		3		2
2	2	1	2			2		2		1
3 - 5	1	1	1			1		1		1
6 - 9	1	1	1			1		0		0
10 - 19	0	0	0			0		0		0
20 - 39	0	0	0			0		0		0
40 +	0	0	0			0		0		0
98. During the last 30 days										
0	97	97	97			97		97		98
1	1	1	2			1		1		1
2	1	0	1			1		0		1
3 - 5	1	1	1			1		1		0
6 - 9	0	0	0			0		0		0
10 - 19	0	0	0			0		0		0
20 - 39	0	0	0			0		0		0
40 +	0	0	0			0		0		0
99. In an average week, how many times do all of the people in your family who live with you eat dinner together?										
None	12	11	12			8		11		15
Once a week	10	10	11			7		11		15
Twice a week	11	10	12			8		10		15
Three times a week	11	11	11			9		11		14
4 times a week	11	11	11			11		10		13
5 times a week	15	16	15			15		17		14
6 times a week	11	11	11			15		11		6
7 times a week	19	21	16			27		19		8
100. How often did you feel sad or depressed during the last month?										
All of the time	3	2	4			3		3		4
Most of the time	9	6	12			7		12		9
Some of the time	18	14	22			13		18		23
Once in a while	48	47	48			51		47		45
Not at all	22	30	14			27		20		20

All Survey Items by Gender and Grade (Cont'd)	Percent								
	Total Sample	Gender		Grade					
		M	F	6	7	8	9	10	11
101. Have you ever tried to kill yourself?									
No	90	95	85			92		89	90
Yes, once	6	4	9			6		7	5
Yes, twice	2	1	3			1		2	2
Yes, more than two times	2	1	3			1		2	3
102. Have you ever had sexual intercourse ("gone all the way," "made love")?									
No	74	72	77			94		79	46
Once	4	5	3			4		4	4
Twice	2	2	2			1		2	4
3 times	2	2	1			1		1	3
4 or more times	18	18	18			1		13	43
103. When you have sex, how often do you and/or your partner use a birth control method such as birth control pills, a condom (rubber), foam, diaphragm, or IUD?									
Never	13	15	12			37		15	8
Seldom	4	4	3			2		4	4
Sometimes	6	6	6			2		6	7
Often	12	11	13			6		13	13
Always	65	64	66			52		61	69
How many times, if any, in the last 12 months have you used . . . ?									
104. Chewing tobacco or snuff									
0	95	91	99			98		95	90
1	1	2	1			1		1	2
2	1	1	0			0		1	1
3 - 5	1	2	0			0		1	1
6 - 9	1	1	0			0		1	1
10 - 19	0	1	0			0		1	1
20 - 39	0	1	0			0		0	1
40 +	1	1	0			0		0	2
105. Heroin (smack, horse, skag) or other narcotics like opium or morphine									
0	98	98	98			100		98	96
1	1	1	1			0		1	1
2	0	0	0			0		0	1
3 - 5	0	0	0			0		0	0
6 - 9	0	0	0			0		0	1
10 - 19	0	0	0			0		0	0
20 - 39	0	0	0			0		0	0
40 +	0	0	0			0		0	1
106. Alawan									
0	100	100	100			100		100	100
1	0	0	0			0		0	0
2	0	0	0			0		0	0
3 - 5	0	0	0			0		0	0
6 - 9	0	0	0			0		0	0
10 - 19	0	0	0			0		0	0
20 - 39	0	0	0			0		0	0
40 +	0	0	0			0		0	0
107. PCP or Angel Dust									
0	99	99	99			100		99	98
1	1	1	1			0		1	1
2	0	0	0			0		0	0
3 - 5	0	0	0			0		0	0
6 - 9	0	0	0			0		0	0
10 - 19	0	0	0			0		0	0
20 - 39	0	0	0			0		0	0
40 +	0	0	0			0		0	0

All Survey Items by Gender and Grade

(Cont'd)

	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
How many times, if any, in the last 12 months have you used . . . ?										
108. LSD ("acid")										
0	98	97	98			99		98		94
1	1	1	1			0		1		2
2	1	1	1			0		0		2
3 - 5	0	1	0			0		0		1
6 - 9	0	0	0			0		0		1
10 - 19	0	0	0			0		0		0
20 - 39	0	0	0			0		0		0
40 +	0	0	0			0		0		0
109. Amphetamines (for example, uppers, ups, speed, bennies, dexies) without a prescription from a doctor										
0	95	95	95			99		95		90
1	2	2	2			1		2		2
2	1	2	1			0		1		3
3 - 5	1	1	1			0		1		2
6 - 9	1	1	1			0		1		1
10 - 19	0	0	0			0		0		1
20 - 39	0	0	0			0		0		1
40 +	0	1	0			0		0		1
110. Sometimes I feel like my life has no purpose										
Strongly agree	6	5	7			6		7		6
Agree	13	11	16			12		15		14
Not sure	14	13	15			14		15		13
Disagree	26	27	25			24		27		28
Strongly disagree	40	44	36			45		36		39
111. Adults in my town or city make me feel important										
Strongly agree	10	10	9			18		6		5
Agree	33	32	34			36		32		31
Not sure	32	33	31			31		35		32
Disagree	17	16	18			10		18		23
Strongly disagree	8	9	8			6		10		10
112. Adults in my town or city listen to what I have to say										
Strongly agree	8	8	7			14		4		4
Agree	34	33	34			38		31		32
Not sure	31	32	31			30		33		31
Disagree	17	16	18			12		20		21
Strongly disagree	10	11	10			6		12		13
113. I'm given lots of chances to help make my town or city a better place in which to live										
Strongly agree	6	7	5			10		5		4
Agree	25	25	26			28		24		22
Not sure	36	36	36			39		35		33
Disagree	22	22	24			16		24		28
Strongly disagree	10	11	10			7		11		13
114. Adults in my town or city don't care about people my age										
Strongly agree	7	8	6			6		7		9
Agree	16	17	15			10		18		20
Not sure	37	37	37			32		41		37
Disagree	28	26	29			30		27		25
Strongly disagree	13	12	13			22		8		8

All Survey Items by Gender and Grade (Cont'd)	Percent								
	Total Sample	Gender		Grade					
		M	F	6	7	8	9	10	11
115. In my town or city, I feel like I matter to people									
Strongly agree	8	9	7			14		5	4
Agree	30	30	30			34		29	28
Not sure	38	40	36			35		41	38
Disagree	16	14	18			10		17	21
Strongly disagree	8	7	8			6		8	9
116. When things don't go well for me, I am good at finding a way to make things better									
Strongly agree	15	16	15			20		12	13
Agree	49	50	49			46		51	51
Not sure	24	24	24			24		24	24
Disagree	8	7	9			6		9	9
Strongly disagree	4	4	4			4		4	3
117. When I am an adult, I'm sure I will have a good life									
Strongly agree	36	36	36			43		31	34
Agree	39	38	40			34		43	40
Not sure	20	20	20			19		21	20
Disagree	2	3	2			2		2	3
Strongly disagree	2	3	2			2		3	3
During the last 12 months, how many times have you . . . ?									
118. Taken part in a fight where a group of your friends fought another group									
Never	85	82	88			85		83	87
Once	9	10	8			9		11	8
Twice	3	4	2			3		3	2
3 - 4 times	1	2	1			2		2	1
5 or more times	2	2	1			1		2	2
119. Hurt someone badly enough to need bandages or a doctor									
Never	87	81	94			88		86	88
Once	8	12	4			7		9	7
Twice	3	4	1			2		3	2
3 - 4 times	2	2	1			1		2	2
5 or more times	1	1	0			1		0	1
120. Used a knife, gun or other weapon to get something from a person									
Never	97	95	99			98		97	97
Once	2	2	1			2		2	1
Twice	0	1	0			0		0	1
3 - 4 times	0	0	0			0		0	0
5 or more times	1	1	0			0		1	1
121. If you had an important concern about drugs, alcohol, sex, or some other serious issue, would you talk to your parent(s) about it?									
Yes	27	26	28			31		26	22
Probably	24	23	25			25		23	25
I'm not sure	17	17	16			19		16	15
Probably not	14	15	13			11		15	17
No	18	19	18			15		20	20
122. How much of the time do your parents ask you where you are going or with whom you will be?									
Never	3	4	2			3		3	3
Seldom	4	5	4			4		4	5
Some of the time	8	10	7			8		8	10
Most of the time	30	34	27			30		31	30
All of the time	54	47	61			55		55	52

All Survey Items by Gender and Grade

(Cont'd)

	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
Among the people you consider to be your closest friends, how many would you say . . . ?										
123. Drink alcohol once a week or more										
None	55	55	55			81		51		30
A few	25	24	25			14		29		32
Some	11	10	11			4		12		17
Most	8	8	7			1		7		16
All	2	3	1			0		1		5
124. Have used drugs such as marijuana or cocaine										
None	54	55	54			80		50		30
A few	24	23	24			14		29		29
Some	10	10	10			4		9		19
Most	8	8	9			2		9		15
All	3	4	3			1		3		7
125. Do well in school										
None	4	6	3			6		3		3
A few	8	9	7			8		10		7
Some	19	22	16			13		21		25
Most	51	50	52			50		54		49
All	17	13	22			23		13		15
126. Get into trouble at school										
None	36	28	45			36		36		38
A few	36	39	34			34		37		38
Some	20	24	16			21		21		18
Most	6	8	4			7		5		5
All	1	2	1			2		1		1
How often do you feel afraid of . . . ?										
127. Walking around your neighborhood										
Never	73	85	61			71		71		79
Once in a while	17	11	24			19		18		14
Sometimes	6	3	10			8		7		4
Often	2	1	3			2		2		1
Always	1	0	3			1		2		1
128. Getting hurt by someone at your school										
Never	80	82	77			80		77		83
Once in a while	14	12	15			13		16		12
Sometimes	4	4	5			4		5		4
Often	1	1	2			2		1		1
Always	1	1	1			1		1		1
129. Getting hurt by someone in your home										
Never	88	92	83			87		87		90
Once in a while	7	5	9			7		9		5
Sometimes	3	2	4			3		2		3
Often	2	1	2			2		2		1
Always	1	1	1			1		1		1
130. On the average, how many evenings per week do you go out to activities at a school, youth group, congregation, or other organization?										
0	39	44	33			34		38		46
1	16	15	16			17		16		15
2	13	12	14			14		13		11
3	10	9	11			9		10		11
4	6	6	7			6		7		6
5	9	7	11			12		9		6
6	3	3	4			4		3		4
7	4	4	3			5		4		2

All Survey Items by Gender and Grade (Cont'd)	Percent								
	Total Sample	Gender		Grade					
		M	F	6	7	8	9	10	11
131. On the average, how many evenings per week do you go out just to be with your friends without anything special to do?									
0	14	16	12			18		14	9
1	17	17	17			20		19	12
2	21	19	23			21		22	21
3	17	16	18			15		16	20
4	10	10	11			9		10	12
5	8	9	8			8		7	11
6	4	3	4			3		4	4
7	9	10	7			7		8	11
132. Imagine that someone at your school hit you or pushed you for no reason. What would you do?									
I'd hit or push them right back.	47	51	43			44		49	48
I'd try to hurt them worse than they hurt me.	12	17	7			11		11	15
I'd try to talk to this person and work out our differences.	11	10	13			11		10	13
I'd talk to a teacher or other adult.	10	4	17			15		8	7
I'd just ignore it and do nothing.	19	18	20			19		21	17
133. Students help decide what goes on in my school									
Strongly agree	12	12	11			18		9	7
Agree	38	35	41			40		39	35
Not sure	27	29	26			26		28	27
Disagree	15	16	14			9		16	21
Strongly disagree	8	9	7			7		8	10
134. I don't care how I do in school									
Strongly agree	2	3	1			3		2	2
Agree	3	4	3			3		3	4
Not sure	10	13	6			8		10	10
Disagree	34	36	30			29		35	37
Strongly disagree	51	44	60			56		51	47
135. I have lots of good conversations with my parents									
Strongly agree	19	16	22			25		17	15
Agree	42	44	41			42		42	44
Not sure	21	25	17			21		22	20
Disagree	11	11	12			7		14	14
Strongly disagree	6	4	8			5		6	7
136. If I break a rule at school, I'm sure to get in trouble									
Strongly agree	18	17	20			27		16	11
Agree	42	40	44			40		44	41
Not sure	24	27	22			22		24	28
Disagree	12	13	11			7		13	16
Strongly disagree	3	3	3			3		3	4
137. My parents spend a lot of time helping other people									
Strongly agree	13	11	14			16		12	10
Agree	36	36	36			38		35	35
Not sure	33	34	32			35		33	31
Disagree	13	13	13			8		14	18
Strongly disagree	5	5	5			3		6	6
138. I have little control over the things that will happen in my life									
Strongly agree	5	5	6			7		5	5
Agree	13	13	13			14		14	11
Not sure	20	22	18			21		20	18
Disagree	37	36	39			33		38	41
Strongly disagree	24	25	24			25		23	25

All Survey Items by Gender and Grade

(Cont'd)

	Percent									
	Total Sample	Gender		Grade						
		M	F	6	7	8	9	10	11	12
During the last 12 months, how many times have you . . . ?										
139. Carried a knife or gun to protect yourself										
Never	87	80	94			90		86		85
Once	5	6	3			5		5		5
Twice	2	4	1			2		3		3
3 - 4 times	2	3	0			1		2		2
5 or more times	4	7	1			3		4		5
140. Threatened to physically hurt someone										
Never	70	63	77			76		67		66
Once	13	14	12			13		13		12
Twice	7	9	5			5		8		8
3 - 4 times	5	7	3			3		5		7
5 or more times	6	8	4			3		7		7
141. Gambled (for example, bought lottery tickets or tabs, bet money on sports teams or card games, etc.)										
Never	74	64	85			79		76		68
Once	8	9	7			8		8		8
Twice	6	9	4			6		6		7
3 - 4 times	4	7	2			2		4		8
5 or more times	7	12	2			5		6		10
How many adults have you known for two or more years who . . . ? (don't count parents or relatives)										
142. Give you lots of encouragement whenever they see you										
0	10	12	7			9		10		10
1	12	11	12			12		11		11
2	21	20	22			18		23		22
3 or 4	25	24	26			24		25		27
5 or more	33	33	33			37		31		31
143. You look forward to spending time with										
0	13	17	10			12		15		12
1	13	11	15			14		13		13
2	22	23	21			20		22		23
3 or 4	26	24	28			24		25		29
5 or more	26	26	26			30		24		23
144. Spend a lot of time helping other people										
0	16	20	12			14		17		17
1	15	14	16			15		15		14
2	25	24	25			25		25		24
3 or 4	23	19	27			23		21		25
5 or more	22	22	21			23		22		20
145. Do things that are wrong or dangerous										
0	62	62	62			68		61		55
1	19	17	21			18		19		19
2	10	12	9			7		10		15
3 or 4	6	6	5			4		6		7
5 or more	3	3	3			2		4		4
146. Talk with you at least once a month										
0	13	16	10			14		14		10
1	13	13	14			14		13		13
2	18	18	18			16		17		20
3 or 4	22	20	24			20		21		25
5 or more	34	33	35			36		35		32

All Survey Items by Gender and Grade (Cont'd)	Percent								
	Total Sample	Gender		Grade					
		M	F	6	7	8	9	10	11
On an average school day, how many hours do you spend . . . ?									
147. Watching TV or videos									
None	7	7	7			6		5	10
Less than 1 hour	19	17	20			20		15	22
1 hour	25	23	26			25		25	23
2 hours	26	27	26			26		29	24
3 hours	12	12	12			11		13	11
4 or more hours	11	14	8			11		13	10
148. At home with no adult there with you									
None	12	14	11			13		11	13
Less than 1 hour	23	25	21			30		19	19
1 hour	20	20	21			21		23	17
2 hours	20	19	22			19		22	21
3 hours	12	12	12			8		13	15
4 or more hours	12	11	13			10		12	15
149. Have you ever been physically harmed (that is, where someone caused you to have a scar, black and blue marks, welts, bleeding, or a broken bone) by someone in your family or someone living with you?									
Never	72	74	69			71		69	75
Once	13	10	15			14		14	9
2 - 3 times	9	9	9			9		10	8
4 - 10 times	4	4	3			3		4	4
More than 10 times	3	3	3			2		3	4
150. How many times in the last 2 years have you been the victim of physical violence where someone caused you physical pain or injury?									
Never	74	72	77			74		73	75
Once	11	12	10			12		11	9
Twice	6	6	5			5		6	6
3 times	3	4	3			3		4	3
4 or more times	6	7	6			6		6	7
151. Where does your family now live?									
On a farm	5	5	5			5		5	5
In the country, not on a farm	18	21	16			18		17	20
On an American Indian reservation	1	1	0			1		1	1
In a small town (under 2,500 in population)	26	24	29			28		26	24
In a town (2,500 to 9,999)	41	40	41			37		42	43
In a small city (10,000 to 49,999)	7	8	7			9		6	7
In a medium size city (50,000 to 250,000)	2	1	2			2		2	1
In a large city (over 250,000)	0	1	0			0		0	0
152. How many years have you lived in the city where you now live?									
All my life	43	41	44			40		44	44
10 years or more, but I've lived in at least one other place	18	20	16			14		17	24
5 - 9 years	20	20	20			21		21	18
3 - 4 years	9	9	9			12		9	6
1 - 2 years	6	6	5			6		6	5
Less than 1 year	4	4	5			6		4	3
153. How often do you binge eat (eat a lot of food in a short period of time) and then make yourself throw up or use laxatives to get rid of the food you have eaten?									
Never	91	92	89			91		91	90
Once in a while	6	5	7			7		5	5
Sometimes	2	1	3			1		2	2
Often	2	2	2			1		2	3

All Survey Items by Gender and Grade

(Cont'd)

	Percent								
	Total Sample	Gender		Grade					
		M	F	6	7	8	9	10	11
154. Have you ever gone several months where you cut down on how much you ate and lost so much weight or became so thin that other people became worried about you?									
Yes	11	8	14			9		11	13
No	89	92	86			91		89	87
155. What is the highest level of schooling your father (or step-father or male foster parent/guardian) completed?									
Completed grade school or less	2	2	2			3		2	2
Some high school	7	7	6			5		8	8
Completed high school	34	33	35			31		35	36
Some college	15	14	15			13		14	17
Completed college	23	23	23			23		24	23
Graduate or professional school after college	13	13	13			17		12	10
Don't know, or does not apply	6	7	6			8		6	4
156. What is the highest level of schooling your mother (or step-mother or female foster parent/guardian) completed?									
Completed grade school or less	1	2	1			2		1	1
Some high school	4	4	4			4		4	5
Completed high school	30	29	31			26		32	34
Some college	18	16	19			16		16	21
Completed college	29	31	28			31		29	28
Graduate or professional school after college	12	13	12			16		12	10
Don't know, or does not apply	4	5	4			6		5	2

Appendix B

Item Mapping to Assets, Deficits, Risk-Taking Behaviors, High-Risk Behavior Patterns, and Thriving Indicators

EXTERNAL ASSETS

Support

<u>Asset</u>	<u>Question #</u>	<u>Question</u>
Family support	40	I get along well with my parents
	44	My parents give me help and support when I need it.
	48	My parents often tell me they love me.
Positive family communication	121	If you had an important concern about drugs, alcohol, sex, or some other serious issue, would you talk to your parent(s) about it?
	135	I have lots of good conversations with my parents.
	99	In an average week, how many times do all of the people in your family who live with you eat dinner together?
Other adult relationships		How many adults have you known for two or more years who...?
	142	Give you lots of encouragement whenever they see you
	143	You look forward to spending time with
	146	Talk with you at least once a month
Caring neighborhood	52	In my neighborhood, there are a lot of people who care about me.
Caring school climate	26	My teachers really care about me.
	28	I get a lot of encouragement at my school.
	50	Students in my school care about me.
Parent involvement in schooling		How often does one of your parents...?
	21	Help you with your school work
	22	Talk to you about what you are doing in school
	23	Ask you about homework
	24	Go to meetings or events at your school

Empowerment

<u>Asset</u>	<u>Question #</u>	<u>Question</u>
Community values youth	111	Adults in my town or city make me feel important.
	112	Adults in my town or city listen to what I have to say.
	114	Adults in my town or city don't care about people my age.
	115	In my town or city, I feel like I matter to people.

Youth as resources	49	In my family, I feel useful and important.
	113	I'm given lots of chances to help make my town or city a better place in which to live.
	133	Students help decide what goes on in my school.
Service to others		During an average week, how many hours do you spend...?
	65	Helping other people without getting paid (such as helping out at a hospital, daycare center, food shelf, youth program, community service agency, or doing other things) to make your city a better place for people to live
Safety		How often do you feel afraid of...?
	127	Walking around your neighborhood
	128	Getting hurt by someone at your school
	129	Getting hurt by someone in your home

Boundaries and Expectations

<u>Asset</u>	<u>Question #</u>	<u>Question</u>
Family boundaries	43	If I break one of my parents' rules, I usually get punished.
	51	In my family, there are clear rules about what I can and cannot do.
	122	How much of the time do your parents ask you where you are going or with whom you will be?
School boundaries	46	In my school there are clear rules about what students can and cannot do.
	53	At my school, everyone knows that you'll get in trouble for using alcohol or other drugs.
	136	If I break a rule at school, I'm sure to get in trouble.
Neighborhood boundaries	54	If one of my neighbors saw me do something wrong, he or she would tell one of my parents.
Adult role models	137	My parents spend a lot of time helping other people.
		How many adults have you known for two or more years who...?
	144	Spend a lot of time helping other people
	145	Do things that are wrong or dangerous
Positive peer influence		Among the people you consider to be your closest friends, how many would you say...?
	123	Drink alcohol once a week or more
	124	Have used drugs such as marijuana or cocaine
	125	Do well in school
	126	Get into trouble at school
High expectations	29	Teachers at school push me to be the best I can be.
	30	My parents push me to be the best I can be.

Constructive Use of Time

<u>Asset</u>	<u>Question #</u>	<u>Question</u>
Creative activities		During an average week, how many hours do you spend...?
	67	Practicing or taking lessons in music, art, drama, or dance, after school or on weekends
Youth programs		During an average week, how many hours do you spend...?
	60	Playing on or helping with sports teams at school or in the community
	61	In clubs or organizations (other than sports) <u>at school</u> (for example, school newspaper, student government, school plays, language clubs, hobby clubs, drama club, debate, etc.)
	62	In clubs or organizations (other than sports) <u>outside of school</u> (such as 4-H, Scouts, Boys and Girls Clubs, YWCA, YMCA)
Religious community		During an average week, how many hours do you spend...?
	64	Going to programs, groups, or services at a church, synagogue, mosque, or other religious or spiritual place
Time at home	131	On the average, how many evenings per week do you go out just to be with your friends without anything special to do?

INTERNAL ASSETS

Commitment to Learning

<u>Asset</u>	<u>Question #</u>	<u>Question</u>
Achievement motivation	25	At school I try as hard as I can to do my best work.
	27	It bothers me when I don't do something well.
	134	I don't care how I do in school.
School engagement		How often do you...?
	32	Feel bored at school
	33	Come to classes without bringing paper or something to write with
	34	Come to classes without your homework finished
	35	Come to classes without your books
Homework	19	On an average school day, about how much time do you spend doing homework outside of school?
Bonding to school	47	I care about the school I go to.
Reading for pleasure	63	During an average week, how many hours do you spend...? Reading just for fun (not part of your school work)

Positive Values

<u>Asset</u>	<u>Question #</u>	<u>Question</u>
Caring		How important is each of the following to you in your life?
	6	Helping other people
	8	Helping to make the world a better place in which to live
	13	Giving time or money to make life better for other people
Equality and social justice		How important is each of the following to you in your life?
	7	Helping to reduce hunger and poverty in the world
	10	Helping to make sure that all people are treated fairly
	12	Speaking up for equality (everyone should have the same rights and opportunities)
Integrity		How important is each of the following to you in your life?
	14	Doing what I believe is right even if my friends make fun of me
	15	Standing up for what I believe, even when it's unpopular to do so
Honesty		How important is each of the following to you in your life?
	16	Telling the truth, even when it's not easy
Responsibility		How important is each of the following to you in your life?
	17	Accepting responsibility for my actions when I make a mistake or get in trouble
	18	Doing my best even when I have to do a job I don't like
Restraint	37	It is against my values to drink alcohol while I am a teenager.
	45	It is against my values to have sex while I am a teenager.

Social Competencies

<u>Asset</u>	<u>Question #</u>	<u>Question</u>
Planning and decision-making		Think about the people who know you well. How do you think they would rate you on each of these?
	70	Thinking through the possible good and bad results of different choices before I make decisions
	79	Being good at planning ahead
Interpersonal competence		Think about the people who know you well. How do you think they would rate you on each of these?
	69	Caring about other people's feelings
	75	Feeling really sad when one of my friends is unhappy
	76	Being good at making and keeping friends

Cultural competence		Think about the people who know you well. How do you think they would rate you on each of these?
	72	Respecting the values and beliefs of people who are of a different race or culture than I am
	77	Knowing a lot about people of other races
	78	Enjoying being with people who are of a different race than I am
Resistance skills		Think about the people who know you well. How do you think they would rate you on each of these?
	68	Knowing how to say "no" when someone wants me to do things I know are wrong or dangerous
	74	Staying away from people who might get me in trouble
Peaceful conflict resolution	132	Imagine that someone at your school hit you or pushed you for no reason. What would you do?

Positive Identity

<u>Asset</u>	<u>Question #</u>	<u>Question</u>
Personal power	116	When things don't go well for me, I am good at finding a way to make things better.
	138	I have little control over the things that will happen in my life.
Self-esteem	36	On the whole, I like myself.
	39	At times, I think I am no good at all.
	41	All in all, I am glad I am me.
	42	I feel I do not have much to be proud of.
Sense of purpose	110	Sometimes I feel like my life has no purpose.
Positive view of personal future	117	When I am an adult, I'm sure I will have a good life.

DEFICITS

<u>Deficit</u>	<u>Question #</u>	<u>Question</u>
Alone at home	148	On an average school day, how many hours do you spend...? At home with no adult there with you
TV overexposure	147	On an average school day, how many hours do you spend...? Watching TV or videos
Physical abuse	149	Have you ever been physically harmed (that is, where someone caused you to have a scar, black and blue marks, welts, bleeding, or a broken bone) by someone in your family or someone living with you?
Victim of violence	150	How many times in the last 2 years have you been the victim of physical violence where someone caused you physical pain or injury?

Drinking parties	94	During the last 12 months, how many times have you...? Been to a party where other kids your age were drinking
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RISK-TAKING BEHAVIORS

<u>Risk-Taking Behavior</u>	<u>Question #</u>	<u>Question</u>
Alcohol	83	How many times, if any, have you had alcohol to drink during the last 30 days?
	84	Think back over the last two weeks. How many times have you had five or more drinks in a row? (A "drink" is a glass of wine, a bottle or can of beer, a shot glass of liquor, or a mixed drink.)
Tobacco	88	How many times, if any, have you smoked cigarettes during the last 30 days?
	104	How many times, if any, in the last 12 months have you used chewing tobacco or snuff?
Inhalants	97	During the last 12 months, how many times, if any, have you sniffed glue, breathed the contents of aerosol spray cans or inhaled other fumes in order to get high?
Marijuana	91	How many times, if any, have you used marijuana (grass, pot) or hashish (hash, hash oil) during the last 12 months?
Other drug use	93	How many times, if any, have you used cocaine (crack, coke, snow, rock) during the last 12 months?
	105	How many times, if any, in the last 12 months have you used heroin (smack, horse, skag) or other narcotics like opium or morphine?
	107	How many times, if any, in the last 12 months have you used PCP or Angel Dust?
	108	How many times, if any, in the last 12 months have you used LSD ("acid")
	109	How many times, if any, in the last 12 months have you used amphetamines (for example, uppers, ups, speed, bennies, dexies) without a prescription from a doctor?
Driving and alcohol	95	During the last 12 months, how many times have you driven a car after you had been drinking?
	96	During the last 12 months, how many times have you ridden in a car whose driver had been drinking?
Sexual intercourse	102	Have you ever had sexual intercourse ("gone all the way," "made love")?

Anti-social behavior	56	During the last 12 months, how many times have you stolen something from a store?
	57	During the last 12 months, how many times have you gotten into trouble with the police?
	59	During the last 12 months, how many times have you damaged property just for fun (such as breaking windows, scratching a car, putting paint on walls, etc.)?
Violence	58	During the last 12 months, how many times have you hit or beat up someone?
	118	During the last 12 months, how many times have you taken part in a fight where a group of your friends fought another group?
	119	During the last 12 months, how many times have you hurt someone badly enough to need bandages or a doctor?
	120	During the last 12 months, how many times have you used a knife, gun or other weapon to get something from a person?
	139	During the last 12 months, how many times have you carried a knife or gun to protect yourself?
	140	During the last 12 months, how many times have you threatened to physically hurt someone?
School truancy	31	During the last four weeks, how many days of school have you missed because you skipped or "ditched"?
Gambling	141	During the last 12 months, how many times have you gambled (for example, bought lottery tickets or tabs, bet money on sports teams or card games, etc.)?
Eating disorder	153	How often do you binge eat (eat a lot of food in a short period of time) and then make yourself throw up or use laxatives to get rid of the food you have eaten?
	154	Have you ever gone several months where you cut down on how much you ate and lost so much weight or became so thin that other people became worried about you?
Depression	100	How often did you feel sad or depressed during the last month?
Attempted suicide	101	Have you ever tried to kill yourself?

HIGH-RISK BEHAVIOR PATTERNS

As is mentioned in Section III, high-risk behavior patterns represent higher incidence levels of the previously reported 24 risk-taking behaviors. In many cases, combinations of related risk-taking behaviors are used to define a pattern.

<u>High Risk Pattern</u>	<u>Question #</u>	<u>Question</u>
Alcohol	83	How many times, if any, have you used alcohol to drink during the last 30 days?
	84	Think back over the last two weeks. How many times have you had five or more drinks in a row? (A "drink" is a glass of wine, a bottle or can of beer, a shot glass of liquor, or a mixed drink.)

Tobacco	89	During the last two weeks, about how many cigarettes have you smoked?
	104	How many times, if any, in the last 12 months have you used chewing tobacco or snuff?
Illicit drugs	91	How many times, if any, have you used marijuana (grass, pot) or hashish (hash, hash oil) during the last 12 months?
	93	How many times, if any, have you used cocaine (crack, coke, snow, rock) during the last 12 months?
	105	How many times, if any, in the last 12 months have you used heroin (smack, horse, skag) or other narcotics like opium or morphine?
	107	How many times, if any, in the last 12 months have you used PCP or Angel Dust?
	108	How many times, if any, in the last 12 months have you used LSD ("acid")?
	109	How many times, if any, in the last 12 months have you used amphetamines (for example, uppers, ups, speed, bennies, dexies) without a prescription from a doctor?
Sexual intercourse	102	Have you ever had sexual intercourse ("gone all the way," "made love")?
Depression/suicide	100	How often did you feel sad or depressed during the last month?
	101	Have you ever tried to kill yourself?
Anti-social behavior	56	During the last 12 months, how many times have you stolen something from a store?
	57	During the last 12 months, how many times have you gotten into trouble with the police?
	59	During the last 12 months, how many times have you damaged property just for fun (such as breaking windows, scratching a car, putting paint on walls, etc.)?
Violence	58	During the last 12 months, how many times have you hit or beat up someone?
	118	During the last 12 months, how many times have you taken part in a fight where a group of your friends fought another group?
	119	During the last 12 months, how many times have you hurt someone badly enough to need bandages or a doctor?
	120	During the last 12 months, how many times have you used a knife, gun or other weapon to get something from a person?
	139	During the last 12 months, how many times have you carried a knife or gun to protect yourself?
	140	During the last 12 months, how many times have you threatened to physically hurt someone?
School problems	20	What grades do you earn in school?
	31	During the last four weeks, how many days of school have you missed because you skipped or "ditched"?

Driving and alcohol	95	During the last 12 months, how many times have you driven a car after you had been drinking?
	96	During the last 12 months, how many times have you ridden in a car whose driver had been drinking?
Gambling	141	During the last 12 months, how many times have you gambled (for example, bought lottery tickets or tabs, bet money on sports teams or card games, etc.)?

THRIVING INDICATORS

<u>Thriving Indicator</u>	<u>Question #</u>	<u>Question</u>
Succeeds in school	20	What grades do you earn in school?
Helps others	66	During an average week, how many hours do you spend...? Helping friends or neighbors
Values diversity		How important is each of the following to you in your life?
	11	Getting to know people who are of a different race than I am
Maintains good health		Think about the people who know you well. How do you think they would rate you on each of these?
	80	Taking good care of my body (such as eating foods that are good for me, exercising regularly, and eating three good meals a day)
Exhibits leadership	55	During the last 12 months, how many times have you...? Been a leader in a group or organization
Resists danger	38	I like to do exciting things even if they are dangerous.
Delays gratification		Think about the people who know you well. How do you think they would rate you on each of these?
	71	Saving my money for something special rather than spending it all right away
Overcomes adversity		Think about the people who know you well. How do you think they would rate you on each of these?
	73	Giving up when things get hard for me

Appendix C

Bibliography of the Theory and Research Undergirding Search Institute's Framework of Developmental Assets

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Appendix D

Search Institute Asset-Promoting Print and Video Resources

A Fragile Foundation

The State of Developmental Assets among American Youth

Peter L. Benson, Peter C. Scales, Nancy Leffert and Eugene C. Roehlkepartain

Based on a sample of almost 100,000 youth in 213 communities, this report looks at youth today through the Developmental Asset lens. The report features data from communities that used the *Search Institute Profiles of Student Life: Attitudes and Behaviors* survey during the 1996/97 school year.

Developmental Assets

A Synthesis of the Scientific Research on Adolescent Development

Peter C. Scales and Nancy Leffert

This book examines more than 800 scientific articles and reports on adolescent development that tie to each of the 40 Developmental Assets identified by Search Institute. An invaluable reference for people who seek to build assets for youth through their programs and communities, it not only shows the strong scientific foundation that undergirds the asset framework, but also shows what is known about how assets are built and their impact on different populations of youth.

Building Assets Together

Designed for use with youth in schools, congregations, and other youth-serving programs, this book describes creative, easy-to-use activities to introduce Developmental Assets to youth. It includes:

- 94 interactive group activities for 6th to 12th graders
- 41 attractive, reproducible worksheets that help youth understand their own assets

Ideas for Parents

Based on the 40 Developmental Assets, this set of 50 newsletter masters lets you provide parents in your community or organization with practical tips on how they can help their children grow into responsible, successful adults.

Sharing the Asset Message Speaker's Kit

This kit includes everything you need to present the asset framework to your organization or community. It includes a speaker's script, 13 transparencies, stories from asset-building communities around the country, answers to commonly-asked questions, and reproducible handouts.

Healthy Communities • Healthy Youth Tool Kit

Designed to meet the needs of communities and organizations looking for help with starting and sustaining an asset-building effort, this easy-to-use, one-of-a-kind quick reference guide offers ideas, strategies, and examples for mobilizing your community or organization.

For a catalog of additional resources, call Search Institute at 1-800-888-7828.